

STEP UP

Building Respectful Family Relationships

Brought to you by the Sophia Center



In partnership with Sylvania Area Family Services and grant funded by Catholic Health Initiatives

Step-up is a free program for Sylvania area families who need help to build or restore respectful family relationships.

When these behaviors are reported or observed in a family:

- Parents report walking on eggshells to keep the peace
- Use of abusive or threatening language by youth toward parents.
- Running away
- Youth refuses to follow rules and resorts to abuse to get their way.
- Pushing, hitting, kicking of family members by teen
- Throwing objects, damaging property to control parent.
- Parents are fearful of teen

CONSIDER A REFERRAL TO STEP-UP

1. Share the attached Step-Up informational flyer with family.
2. To make a referral:
 - Check the boxes above that may apply
 - Complete parent/caregiver contact information below
 - Ask parent to ok that you are sharing their contact information with us by signing the referral.
3. **Email this form to: pgerken@sophia.center Subject: Step-up referral**
 - Or fax to: Step-Up 419-885-7612
 - Questions? Call Polly Gerken 419-265-3521

Name of parent/adult caregiver: _____ Parent Phone _____

Parent email: _____

Home Address: _____

Name & Age of youth _____

Name of person making referral : _____ Organization: _____

Referral Contact phone/email: _____

Parent signature for permission to share contact information with Sophia/Step-Up staff.

Date